

2021

2022

2023

January

UD : -2.50 + 1.00

OS : -2.25 + 1.00

↓ CYL

May

-2.50 + 0.50

-2.25 + 0.50

↓ SPH

September

-2.25 + 0.50

-2.00 + 0.50

-2.00 + 0.50

-1.75 + 0.50

↓ CYL

-2.00 + 0.00

-1.75 + 0.00

↓ SPH

-1.75

-1.50

-1.50

-1.50

↓ SPH

-1.25

-1.25

↓ SPH

-1.00

-1.00

